



SUMMERVILLE NEWSLETTER

Issue 12

November December 2010

THE SUMMERVILLE NEWSLETTER

In this Month's Edition:

Halloween Party

*Reflection
Prayer for
Grandparents,
Holy Souls and
Self*

*Getting to Know
You
Peter Falkner*

*Positive Aging
Week update*

*New Activity
Programme*

Jokes

Quizzes

Fun Facts

NEWS OF THE MONTH

HAPPY HALLOWEEN

Our annual Halloween party was held on Thursday 28th October 2010. We were joined by Musicians Larry McGarry, and friends for some old time waltzes, and Frank Finn from the Sligo Traditional Singers Circle along with singer Asumpta Kelly and storyteller Gean Sheran.



This year we held the celebrations in the main foyer at an earlier time and judging from the comments we got it was a welcome change and one we will continue with.



We would like thank all who volunteered their services, and all staff for the extra support as the afternoon was a great success and thoroughly enjoyed by all.



SPECIAL CHRISTMAS EDITION

A Christmas edition of the Newsletter will be available from mid December. This edition will give you information on all the events and festivities happening over the Christmas Period. If you have a poems, songs, photos etc of a Christmas nature and would like to see them in the Christmas newsletter please give your pieces to Laura before Monday 22nd November 2010.



Ha Ha Ha



Psst, Rachel, I think you have a ladder in your stocking

“Doc!” the man yells. I’ve lost my memory!”

“Calm down, sir. When did this happen.”

The man looked at him.

“When did what happen?”

Mrs. Smith, I ain’t got no crayons.

Young man, you mean, I don’t have any crayons.

You don’t have any crayons.

We don’t have any crayons.

They don’t have any crayons.

Do you see what I’m getting at?

I think so. What happened to all the crayons?

A guy gets home, runs into his house, slams the door and says, Honey, pack your bags. I won the lottery!"

The wife says, "Wow! That's great! I'm so happy! Should I pack for the ocean, or should I pack for the mountains?"

He says, "I don't care. Just get out!"

10 QUESTIONS!

1. What did Fred Astaire, Heidi Klum, Michael Flatley and Betty Grable all do to their legs?
2. Until the mid 1970s Smarties were called Smarties chocolate what?
3. In Venice, what is a vaporetto?
4. Which extremely light chemical element is named after the sun?
5. What kind of weapon was a medieval destrier?
6. According to the UN Food & Agriculture Organisation, which country produces the most potatoes, a staggering 70 million metric tonnes a year, 22.2% of the world's potato production?
7. Which visible aid was first introduced for the 1933 F.A. Cup final between Everton and Manchester City?
8. One of the rarest and most expensive stamps in the world depicts a very popular Belgian born actress smoking a cigarette with a very long cigarette holder. Can you name the actress?
9. Capybaras are the largest living examples of what in the world?
10. What 'plays' an Aeolian harp?

Answers at bottom of page

DID YOU KNOW!!

- The flea can jump 350 times its body length, that is like a human jumping the length of a football field.
- All coffee is grown within 1,000 miles of the equator.
- While 7 men in 100 have some form of color blindness, only 1 woman in 1,000 suffers from it.
- A lion's roar can be heard from more than five miles away.
- Crocodile babies don't have sex chromosomes; the temperature at which the egg develops determines gender
- The average tastebud lives only 10 days before it dies and is replaced by a new one.
- Your skeleton keeps growing until you are about 35, then you start to shrink.

ANSWERS - 10 QUESTIONS

- 1.) They all had their legs insured. 2.) Smarties chocolate beans. 3.) Public water bus. 4.) Helium (After Helios, Greek for "Sun" and also "the god of Sun on mythology". 5.) War horse. 6.) China. 7.) A number on the back of each players shirt. 8.) Audrey Hepburn. (The photo was from the film "Breakfast at Tiffany's"). 9.) Rodents. 10.) The wind

POSITIVE AGING WEEK - KEEP FIT CLASS

As part of positive aging week extra activities were timetabled from Friday 24th September to Saturday 2nd October. Activities included Board Game morning, Table Quiz, Music, Big Lounge Movies and more. As so many of you enjoyed the activities during



Monica Fitzsimons, Instructor Miriam & Betty Crown

positive aging week Summerville has decided to continue with the extra activities. Please see timetable on page 4. If you have any suggestions on what you would like to see on the activity timetable please inform a member of staff.



Mary Byrne, Ena Drudy & Mary Costello



Betty Crown & William Ward



Raphael O'Rourke, Ena Drudy, Agnes McGillen & Mary Costello



WEEKLY ACTIVITIES

Monday	Board and Card Games @ 11am	Mobile Library @ 2:30pm
Tuesday	Keep Fit Class @ 2pm	The Legion of Mary @ 3pm
Wednesday	Therapy Dogs @ 11am	Art & Crafts @ 3pm
Thursday	Knitting @11am	Keep Fit Class @ 2 pm
Friday	Hairdresser 10am - 4pm	Bingo @ 3pm
Saturday	Mass @ 4pm	
Sunday	Big Lounge Sports @ TBA	Big Lounge Movies @ 2:30pm

All activities will commence in November with the exception of knitting and therapy dogs, we will have these activities up and running as soon as possible.

Extra activities will be held throughout the month so keep an eye out for posters on Spa Days and Music After noon.

GETTING TO KNOW YOU



PETER FALKNER

Born: Epsom, England

School: St. Josephs Boarding School, Surrey, England

Occupation: Personal assistant to people with disabilities

Family: Only Child, Mum - Ann, Dad - Ernie & Girlfriend - Clare

Favourite Sweets during your childhood?: Chocolate Biscuits, Aeros & Mars bars,

Favourite book: Long John Silver

Favourite movie: James Bond movies & The Sound of Music

Favourite movie star: Frank Sinatra

Favourite singer: The Nolan Sisters

Favourite sports hero: Bobby Charlton - Manchester United player

What one word would you use to describe yourself: Patient

What's the one thing about you few people know?: That I work with people with disabilities

If they made a movie of your life story....who would play you? Roger Moore

PRAYER - FOR GRANDPARENTS, HOLY SOULS AND SELF

Pope Benedict XVI's Prayer for Grandparents.

Lord Jesus, you were born of the Virgin Mary, the daughter of Saints Joachim and Anne. Look with love on grandparents the world over. Protect them! They are a source of enrichment for families, for the church and for all society. Support them! As they grow older, may they continue to be for their families strong pillars of Gospel faith, guardians of noble domestic ideals, living treasuries of sound religious traditions. Make them teachers of wisdom and courage so that they may pass on to future generations the fruits of their mature human and spiritual experience.

Lord Jesus, help families and society to value the presence and roles of grandparents. May they never be ignored or excluded, but always encounter respect and love. Help them to live serenely and to feel welcomed in all the years of life which you give them.

Mary, Mother of all the living, keep grandparents constantly in your care, accompany them on their earthly pilgrimage, and by your prayers, grant that all families may one day be reunited in our heavenly homeland, where you await all humanity for the great embrace of life without end. Amen.

Prayer for the Holy Souls.

During this month of November, we fondly remember in prayer all our faithful departed -

Eternal rest, grant unto them, O Lord, and may perpetual light shine upon them forever. May they rest in peace. Amen.

Prayer for Self.

With St. Teresa of Avila, we ponder and pray –
Remember that you have only one soul;
That you have only one death to die;
That you have only one life to live,
Which is short and has to be lived by you alone;
And that there is only one glory, which is eternal.
If you do this, there will be many things
About which you care nothing.

Fr. Leo Henry

BIRTHDAYS

Meta Henry

3rd December

R.I.P.

Margaret Maguire

5th June 1931
20th September 2010

