

# SUMMERVILLE HEALTHCARE

## NEWSLETTER

### August 2022



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# Editor's Desk

Hello Residents, Families and Friends!

Hope you enjoy reading about the happenings here at Summerville and other trivia facts.

Keep Safe!

*Kelly O'Connor*



## August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**  
Birthstone: **Peridot**  
Flower: **Gladiolus**

## Quote of the Day

Believe you can and you're halfway there.

- Theodore Roosevelt

# Month in Review (Summer Party)

Terry, Joan, Doreen, Annie, Nuala, Mary, Morris, and Teresa were enjoying the sun during the Summer Party.



Charlotte and Simone are brightening up Tommy's day.

Hilda is encouraging the residents to participate in the games during the outdoor events.



# Month in Review (Gardening)



**Dr. O'Connor is planting carrots.**



**Tommy McDonagh admiring the plants.**



**Murial Siberry is checking the progress of the flowers.**



**Colm Gannon holds the onion plants as Rita Burke turns up the dirt before planting.**



**Morris McCaffrey is busy clearing weeds from the footpath in the garden area.**



**Gabriel Doherty enjoyed planting the lettuce.**

# Upcoming Events

**30 August: Resident's Meeting for Residents only**

**Coming Soon: Formation of Summerville Choir**

**All residents are encouraged to join!**



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## Regular Events

### Daily

- Mass on TV @ 11 am
- Manicures & Hand Massages

### Weekly

- Keep Fit Classes
- Flower Arranging
- Baking
- Arts & Crafts
- Men's Club
- Bingo
- Movies & TV Events
- Hairdresser on Tuesdays & Thursdays

### Monthly

- House Mass
- Church of Ireland Service – First Tuesday of the Month

### Other Activities

- Gardening – seasonal
- Live Music
- Parties

Please ask an Activity Coordinator for more information on these events.

# August Birthdays

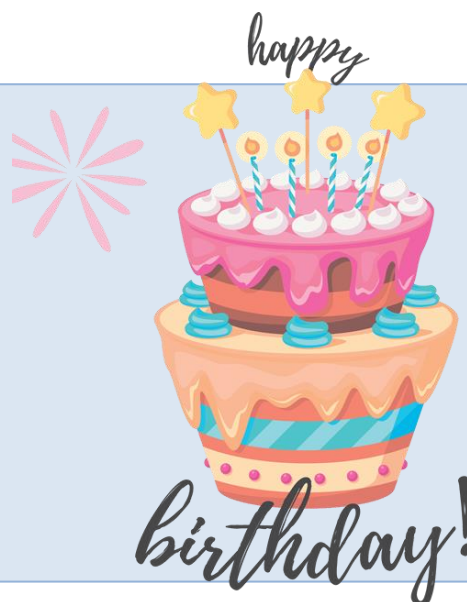
In August, we celebrate birthdays with:

**Heather Blackwell**

**Geraldine Burns**

**Bernice O’Gara**

Happy Birthday!



- Tony Bennett – Singer – 3rd of August, 1926
- Dustin Hoffman, Actor, 8<sup>th</sup> August 1937
- Melanie Griffith, Actor, 9<sup>th</sup> August, 1957
- Magic Johnson, Basketball Player, 14<sup>th</sup> August, 1959
- Madonna, singer, 16<sup>th</sup> August, 1958
- Robert De Niro, Actor, 17<sup>th</sup> August, 1943
- Patrick Swayze, Actor, 18<sup>th</sup> August 1952
- Bill Clinton, 42<sup>nd</sup> President of the US, 19<sup>th</sup> August 1946
- Sean Connery, Actor, 25<sup>th</sup> August, 1930
- Michael Jackson, Singer, 29<sup>th</sup> August, 1958

## **Leo (July 22 -August 21)**

Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

## **Virgo (Aug 22 – Sep 22)**

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

## **Famous August Inventions: Method for Packaging Frozen Foods**

Clarence Birdseye obtained a patent for packaging frozen foods on August 12, 1930, making a lasting impact on nutrient and flavor preservation for mass-distributed foods!



# A Poem to Share

## *Life Doesn't Frighten Me*

*By Maya Angelou*

Shadows on the wall  
Noises down the hall  
Life doesn't frighten me at all

Bad dogs barking loud  
Big ghosts in a cloud  
Life doesn't frighten me at all

Mean old Mother Goose  
Lions on the loose  
They don't frighten me at all

Dragons breathing flame  
On my counterpane  
That doesn't frighten me at all.

I go boo  
Make them shoo  
I make fun  
Way they run  
I won't cry  
So they fly  
I just smile  
They go wild

Life doesn't frighten me at all.

Tough guys fight  
All alone at night  
Life doesn't frighten me at all.

Panthers in the park  
Strangers in the dark  
No, they don't frighten me at all.

That new classroom where  
Boys all pull my hair  
(Kissy little girls  
With their hair in curls)  
They don't frighten me at all.

Don't show me frogs and snakes  
And listen for my scream,  
If I'm afraid at all  
It's only in my dreams.

I've got a magic charm  
That I keep up my sleeve  
I can walk the ocean floor  
And never have to breathe.

Life doesn't frighten me at all  
Not at all  
Not at all.

Life doesn't frighten me at all.

# Noticeboard



## NEW RESIDENTS

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A very warm welcome to:

1. **Hugh John Kearins**
2. **Patricia Watters**
3. **Gerry Donagher**
4. **Teresa Mulvihill**
5. **Terry Condron**
6. **Maura Leydon**

We hope that you enjoy your time here!

## IN MEMORIAM

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To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

1. **Lily Greer**
2. **Patricia McElhone**
3. **Ellen Glacken**
4. **Miriam Sweetnam**
5. **Mary Gilligan**
6. **Sheila Galbraith**

## CONTINUOUS IMPROVEMENT

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Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

## CAN YOU CONTRIBUTE?

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Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Email: [info@summervillehealthcare.com](mailto:info@summervillehealthcare.com)

Thank you!



# Noticeboard



## LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms. If you would like this service, please talk to a staff member.

## HAIRDRESSER

We have a hairdresser who attends every Tuesday and Thursday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

## THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

You are the best!

Thank you.

# THANK YOU

# Laughing Matters



## Little Boy Lost

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover.

The little boy watched in amazement, and then asked, "what's the matter, haven't you ever seen a little boy before?"

## Adam & Eve

A child asked his father, "How were people born?" His father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."

The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now."

The child ran back to his father and said, "You lied to me!" His father replied, "No, your mom was talking about her side of the family."

## Broccoli & Boogers

What is the difference between broccoli and boogers?

*Children don't eat broccoli!*